

KinAesthetic — The Pin Oak Sessions



Kin [kin]/*noun*

1. one's family and relations.

Aesthetic [es¹ THedik]/ *adjective*

1. concerned with beauty or the appreciation of beauty.

Kinesthesia [kin-uh s-'Thee-zhuh, -zhee-uh, -zee-uh, kahy-nuh s-] /*noun*

- 1.the sensation of movement or strain in muscles, tendons, and joints;muscle sense.

KinAesthetic [kin-es¹ THedik] / *noun*

1. An Avant Garde expression of family.

KinAesthetic is the genre defying saxophone and drum duo of brothers Ben and Tim Cohen.

Ranging from simple melodicism to pure noise expression,
KinAesthetic redefines what is possible for this underexplored instrumentation.

KinAesthetic is born of healing. Brothers who spent a childhood at odds. Who learned to become close friends through music. Through improvisation.

Music was ever present growing up. Good things come from being raised on music. Life has taken them to opposite coasts. That isolation falls away at the first downbeat. Catharsis. Competitiveness. And fun. Such is the bond of brothers.

They began to play in earnest while Ben was in high school. Tim was in college nearby. The duo became a conduit to redefine their relationship. Think on the countless hours spent dueling in mother's living room. Screaming at each other while she cooks. It smells transcendent. Not sure how it sounds. She adds ear plugs.

The character ranges: playful -- aggressive -- somber -- introspective -- childish. Outbursts of emotion. Many of the tracks are short. Some as short as 10 seconds. Sometimes that's all you need to define an emotion. Each piece conveys an idea, a feeling. Then it's over. Distillates from years of conversations, arguments, exchanges, growth.

The room is a member of the band. Recorded in the two story playroom of a family home. Toys and all. Among the Pin Oaks on Pin Oak Drive. KinAesthetic's natural environment.

No edits, no overdubs, and no reverb.



**In these fractured, partisan
times, it is imperative to
remember that
'Music is the Healing
Force of the Universe.'**

**This music is at it's core an
expression of the power of art.
Now more than ever, we cannot
forget that we are ALL brothers.**

Recorded by Jonathan Goldberger
Mixed by Will Waikart
Mastered by Curtis Macdonald
Recorded in the Sondi Sunroom April 30, 2015

Eschatology Records

For more information visit: Bencohenmusic.com
For EPK visit bencohenmusic.com/epk

Email Ben Cohen for press and booking: ben@bencohenmusic.com

Ben Cohen is a Brooklyn based saxophonist and composer. After growing up in rural Tennessee, Ben went to the University of Tennessee in Knoxville, where he studied with such luminaries as Jerry Coker and Donald Brown. After graduating, he moved to NYC where he continued his education under the tutelage of Ellery Eskelin. Now a creative music scene, Dickens, Danny Merrit, Kenny Warren, and many others. He Viriditas and his record Records is poised to records this year.



regular on the Brooklyn Ben performs with Deric Fisher-Lochhead, John Zach Clarke, Dave Miller leads his saxophone trio label Eschatology release a number of

Tim Cohen is a drummer Eugene, Oregon. His improvised music began the music of John Zorn's drumming of Jim Black Although he is largely a jazz degree from the Huntsville. His style is derived from a lifetime of John Hollenbeck, Tom Brad Mehldau. He has albums: KinAesthetic - saxophone/drum duo Ben), and cagematch - improvising trio with and guitarist Gary Prince). When he isn't drumming, he spends his time professing theoretical physics at the University of Oregon, through teaching quantum mechanics and by seeking to uncover new fundamental building blocks of nature and understand how they interact with each other.

currently based out of explorations of jazz and when he stumbled onto Masada and the as a high school senior. self taught, he does hold University of Alabama in some amalgamation listening to Jim Black, Rainey, Brian Blade, and so far released two The Pin Oak Sessions (a project with his brother Missing the End All (an saxophonist Kate Olson

Ben 1

KinAesthetic is the product of brotherhood. Of playing for hours in your mother's living room. Screaming at each other while she cooks. It smells really good. Not sure how it sounds. At some point she added ear plugs.

When two musicians are raised on the same musical diet, they tend to play in synchronicity. The format is largely improvised. Improvisation being the language of family. Even if you don't really get along.

The tone ranges from playful to aggressive; somber, introspective, childish, all tinged with the tensivity of a Thanksgiving dinner prone to frequent outbursts of emotion.

This music was recorded in as close to KinAesthetic's natural environment as possible: the 2 story playroom of a family home (toys and all). It is presented to the listener as if he/she is family, warts and all (a concert to family). There are no edits, no overdubs, and no reverb.

In many ways KinAesthetic began in 1987 with the birth of younger brother Ben Cohen. Music was always a part of the Cohen household growing up, and as the two brothers began exploring playing and listening to music separately, it soon became an important part of their shared relationship. Even as life took them to separate cities and across the country from each other, each time they got together to play, it was as if they had been playing together every day. Such is the bond of family.

- Endings are important

- Free improvisation
- Bursts as therapy: periods of extreme emotion
- Minimal organization
- Tracks are dedicated to various things from childhood
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